

Name : Shanna Mallett

The man on a mission

Angus Macfadyen is an English man with a goal to raise enough money to build a well from the Lawrence's roundabout well appeal.

On the 15th march 2010, Angus Macfadyen visited our school (Blatchington Mill secondary school) and let us interview him with some questions we came up with as a class.

At the present Angus is still training 16-20 hours a week to prepare himself for the day he is going to swim the channel. This is a major event for him because in the past he has run a marathon but never swam such as long a distance as the English channel.

In our interview we asked him who his inspiration was and what gives him the determination?. He replied that “ people in a worse situation than me who have to live through horrible conditions and people who I have met through working and travelling ”.

Angus Macfadyen's choice of Africa came from doing a lot of work over there as a film producer/photographer. He chose Africa because he loves the culture differences and wants to make they're life a bit easier! .

While having our conversation with 38 year old Angus we learned that he was not the best of swimmers before this and is not very confident but he enjoys the challenge and the learning side of achieving his goal.

He enjoys raising money because it's a way of helping a lot of less fortunate people by doing things he loves and keeping fit at the same time .

He expects it will be very tiring and he will be exhausted at the end so he won't be doing any other major events straight away. He wants to have a very long cosy night's sleep.

During his much anticipated channel swim he will have to eat and drink every half hour , but the substance is not like normal food not very tasty but maybe every now and then he will get a treat for example jelly baby's or Jaffa cakes without the cake.

To donate money and sponsor Angus in his challenges report back to his website and explore.

THE END